



Kearnan Chronicle

"Never see a need without doing something about it"

- Mary MacKillop's motto for life

8 November 2019

Dear Lord

In our community, there will be those who strain when they smile,
with a cracked façade covering their worries.

We pray that whenever our loved ones encounter difficulties,
they find the courage to trust in you and let their voice be heard.

Amen



Important Dates:

Tues 12 November	College Open Day	Mon 18 November	Year 11 Exams Commence
Wed 13 November	Year 9 Outdoor Ed Camp Departs		Pre-Primary Swimming commences
Thurs 14 November	Diabetes Awareness Day	Friday 22 November	Year 10 Exams Commence
	Arts & Design Showcase 4.30 – 7.00 pm		Year 11 Exams Conclude
Friday 15 November	Pre-primary Assembly 12.20 pm	Sun 24 November	Christ the King Parish Mass 8.30 am
	Outdoor Ed Camp Returns		

Men's Health: Movember

Toughen up. Be a real man. Boys don't cry. Stop being a wuss. Boys don't do yoga. Real men don't eat quiche. Go on, get your hands dirty.

When I was an adolescent in the early 1990s, a family member was confronted when I wore a pink shirt. Some of our older students will know that when this moment occurred, as a 15 year old, I made the decision that as an adult I would proudly wear the colour pink. Now, some 30 years later, our society continues to be fuelled by superficial stereotypes which condition men to behave in unhealthy, unhuman ways. I implore our families to reflect on these stereotypes for the betterment of all of the men in their lives.

Statistics tells us that the average Bloke isn't coping too well in modern society. Whilst data suggests that men and women are equally vulnerable to mental illness, men are three times more likely to [REDACTED] than women. In fact, current statistics tell us that today, six Australian men will [REDACTED]. Part of the problem we face is that men so often simply don't ask for help. The haunting nature of this reality is echoed by reports which indicate that for every four women seeking treatment, there is only one man.

So how do these stereotypes emasculate our men?

When a boy is told to 'toughen up' and 'be a real man', or when he is told that 'boys don't cry', how often do we consider the messages he receives? From a young age, boys are influenced by the comments adults make; phrases which encourage our boys to suppress or deny their emotions are simply unhelpful. When psychologist Paul Eckman identified six types of basic human emotions, he didn't include a footnote which excluded those possessing a Y chromosome from his theorem.

We need our young men to establish meaningful, respectful relationships as they mature. We need our young men to be emotionally literate. After all, if the day comes that one of our young men needs help, we need them to know how to find and - more importantly - use their voice.

In case there are any readers questioning why the spotlight is focussed purely on our Blokes, consider this. Most of our families are supported in some capacity by at least one male figure. And, to any of our all girl families (such as mine), I put to you that one day in the future, you will in all likelihood have a young man enter your lives.

This year, a number of male staff members are cultivating their top lip as an ode to men's health and wellbeing, including Mr Bincow, Mr Wilson, Mr Peters, Mr Adams and myself. A small number of fundraising activities will occur in the coming weeks. Whilst it will be great to donate to this worthy cause, more important is the discussion that our involvement in this initiative will generate. R U OK?

Uniform Update

The community will be aware that the College has been reflecting on its uniform, which has now been worn for over 20 years. With the school having separate Junior and Secondary uniforms, and separate summer and winter uniforms, being dressed for the school day certainly dents the family budget.

Irrespective of my departure from the school community at the end of this year, the College Board has decided to press ahead with uniform changes. Any new uniform items will be manufactured during 2020, so in all likelihood these items will be phased in during Semester Two. Further information regarding uniform changes will be communicated in due course.

Open Day

On Tuesday 12 November, the College will host an Open Day, with tours scheduled at 9.00 am, 10.00 am, 11.00 am, 12.00 pm, 2.00 pm and 3.00 pm. Any parents with children in the school are most welcome to register for a College tour by contacting reception. In advance, I thank Year 9 students Jay O'Connell and Sophia Batticci for representing the College with aplomb.

Moblie Phones in our School

Sometimes parents (and students) query why we have had a rule for over 10 years that states: "while students may bring their mobile phones to school, they are to be turned off during the day and not to be carried on a student's person. Phones which are used by students during the day or are seen by staff will be confiscated and handed to the Head of Secondary". Parents may have read recently that the Education Department in WA has now banned the use of phones in their schools, which is in line with our policy.

We recognise that there are valid reasons for students to bring mobile phones to school. With over 50% of our secondary students living outside of Manjimup, mobile phones enhance student safety before and after the school day. However, the College's mobile telephone rules are very clearly outlined in student diaries.

One of the main reasons we have these rules is to protect the dignity and safety of students and staff. Hence, we also state that students are not permitted to engage in any activity related to social networking where any student or staff member of Kearnan College may well be reasonably insulted, offended or ridiculed.

Whether it be through the use of their telephone or any other digital device, modern technologies are an ever-present reality for today's students. Rather than banning such items, it is more important that children receive a technological education which equips them for their reality. In order to support our students, it is most important that they receive consistent technological messages from both school and home. Digital citizenship is thoroughly covered at the College, with this topic being a key focus in Year 7 before students gain permission to use College devices. Essentially, the wider community has a vested interest in safeguarding our young, so I encourage all families to continually discuss active digital citizenship.

Jason Meynell

Principal

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SECONDARY SCHOOL NEWS

'About Body' Excursion



Earlier this week, the Year 9 and 10 Visual Arts students went to the "About Body" art exhibition at the Manjimup Library. It featured jewellery pieces with intricate designs, ranging from necklaces, rings and brooches. The works were also made with a variety of materials, including sterling silver, nine carat gold and even unusual mediums like horse-hair and sea urchins. All of these extraordinary pieces were expertly handcrafted by art teacher Louise Tasker. Every single piece of work had its own myriad of stories and concepts behind it, which gave students a spark of inspiration to execute our own work. We participated in a workshop that taught us how to create a cuttlefish cast. This method uses cuttlefish bone as a mold for metal alloys - particularly pewter - to be poured into, creating a pendant piece of jewellery. Ms Tasker went through each step and gave us a great visual demonstration. This excursion was a remarkable experience and we thank Ms Tasker and Mrs Muir for arranging this opportunity.

Jana Siriban, Year 10 Visual Arts student

Secondary Spring Carnival

Today's Spring Carnival provides an opportunity for Secondary students and staff to strengthen our House culture and their wellbeing through a series of social sporting contexts. Students from Years 7 to 10 will compete in inter-year House teams, comprising of their Homeroom, while Year 11 students are organising and facilitating the carnival, which allows them to 'give back' to the younger Secondary students. Thank you to Mr Pedlar for coordinating this event and the many staff who assisted with various sports today.

Art and Design Showcase

Next Thursday, our annual Arts and Design Showcase in the College Library, will display the diverse artistic talents of our students. After last year's excellent attendance by parents and students, the event will be held between 4.30 pm and 7.00 pm on Thursday 14 November, and light refreshments will be provided. Along with an array of student artworks and design pieces, the showcase will include entertainment by our performing arts students. The event also provides an ideal opportunity for students considering enrolment in Design or Visual Art courses or the certificate course in Building and Construction for 2020. Thank you to the

Design and Technology, Visual Arts and Performing Arts teachers for their efforts in organising this event.

Outdoor Education Camp

A group of intrepid Year 9 Outdoor Education students head off on the Bibbulmun Track next week as part of their three-day expedition. I will join Mr Pedlar and Mr Claes on this excursion, which will cover approximately 32 kilometres over the three days, and look forward to seeing the development of each participant's skills in hiking, bushcraft and teamwork skills.

Student Leadership Assembly

Year 11 students who nominated for Year 12 leadership roles in 2020 delivered their Head Student and/or House Captain speeches at yesterday's Secondary Assembly. All students who nominated for a position are commended for their willingness to serve the College community and the preparation they put into their speeches. Voting took place yesterday and the successful candidates will be announced at our Awards Spectacular at the Manjimup Town Hall on Thursday 5 December, commencing at 7.00 pm.

House Awards for Term Four were also presented at the assembly and we congratulate the award winners: Rooney House - Jennilee Van Rooyen and Anthony Thexton, Kelly House - Emma-Kate Bookless and Lisa Hero, MacKillop House - Jasper Good and Tessa Smith, McCormack House - Lynas Butler and Griffin Hyde.

Year 11 Examinations

Year 11 students commence their examinations next week, with VISN and SIDE exams being scheduled on Thursday 14 and Friday 15 November, and Kearnan College exams commencing on Monday 18 November. Students have been emailed individual examination timetables. Year 11 students only attend school for the examinations and it is recommended that students who do not have Year 11 exams arrange work placement during Week 6. A supervised study hall will be provided for Year 11 students before or after their examinations each day, if they are using public transport to attend their examinations. The school year for Year 11 students concludes on Friday 22 November. Should parents have any concerns regarding the coming examinations, please contact Mrs Tempura or myself.

Absences During Examinations

Please be aware that an absence from a specifically scheduled assessment task, such as an examination, must be explained by one of the following:

- Medical certificate
- A telephone call or letter from the parent with reason to be validated by the Principal and/or Head of Secondary. Please note the College may deem a Medical Certificate necessary.

Further details are outlined in the Kearnan College Secondary School Assessment Policy and the Student Diary.

Shendelle Mullane

Head of Secondary

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JUNIOR SCHOOL NEWS

Elizabeth Bear Award

Congratulations to our most recent recipient of the Elizabeth Bear Award, Shondrella Nannup. Shondrella was recognised as a kind and courageous friend. She is fiercely independent, demonstrating a personal drive to excel in all that she does. Shondrella is resilient, taking on challenges with passion and enthusiasm. She cares for others, reaching out and offering to help at every opportunity. Well done on receiving this award, Shondrella.



Mathademic

Last Tuesday, six of our keenest mathematicians joined in the local Maths competition, 'Mathademic'. Our students competed admirably against teams from other schools within the region, with our older team winning the silver medal. Congratulations to all these students!



Mathademic Team: Izaac Peters, Lara Edwards, Jayden Renzullo, Layla Grainger, Stefan Renzullo and Torre Renzullo.

Year 4 Perup Camp

On Thursday and Friday our Year 4 class ventured overnight to Perup – 'Nature's Guesthouse', to learn about the local flora and fauna found in our area. They had the opportunity to go on a guided night walk to spot some of the native critters in the bush and helped Mrs Julia Wayne with some trapping and documenting important information for research purposes. Along with Mrs Kammann, Mrs Lapinski and our wonderful bus driver, Mr Jonathon Rose, we thank Mrs Lisa Falcinella, Mrs Kristoffersson and Mrs Wayne, who also gave up their time and sleep to accompany the class to Perup. We will share some pictures and stories next week.

Wheels on Wednesday

This week there was much excitement on Wednesday lunchtime as our Year 1 and 2 students rode their bikes and

scooters during "Wheels on Wednesday". This week, the bike rack was well and truly overflowing as many students took up this great opportunity to have some different fun during their lunch time. Mr Blincow, with the assistance of some wonderful Year 7 students, challenged some of our more energetic students to join him on the track to Deanmill. Thank you to the parents who dropped off and picked up bikes so that their child could join in the fun. We also thank Mr Alex Coffee who assisted with some handy bike repairs. Next week, our Years 3 and 4 students are invited to bring their wheels and helmets for their turn at the park or the longer track, if they are keen to make the distance.



Pre-Primary Excursion

Our Pre-primary class walked down to the Timber Park for an excursion to learn all about our local history, by looking at the special displays. Thank you to Mrs Proudfoot, Mrs Winfield, Mr Sarre, Mrs Durbin and Mrs Markotis, for walking with our students.



Pre-Primary Assembly

Parents and friends are invited to attend the Pre-primary assembly in the Assembly Hall next Friday, commencing at 12.20 pm. We look forward to hearing all about their learning.

Blue for World Diabetes Day

On Thursday 14 November our school community are invited to add a little blue to their uniforms to raise awareness of Diabetes. The theme for this year is The Family and Diabetes, raising awareness of the impact that diabetes has on the family and support network of those affected, and promoting the role of the family in the management, care, prevention and education of diabetes. We look forward to our Kearnan Community for supporting this initiative.



Our students supporting World Diabetes Day in 2018

Thought of the Week

"There is a garden in every childhood, an enchanted place where colours are brighter, the air is softer, and the morning more fragrant than ever again."~ Elizabeth Lawrence

Have a lovely weekend,

Mrs Peta Barton

Head of Junior School

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ART & DESIGN NIGHT

Kearnan College Art and Design Night is fast approaching on **Thursday 14 November**. It is a wonderful opportunity for the College to celebrate the achievements of our students in the creative, performing, language and design arts. It begins at 4:30 pm and concludes at 7.00 pm in the College Library. The evening will include visual displays and performances. There is no cost to attend, and we warmly invite all community members.

BOARD AGM

On Monday of this week the community received detailed correspondence regarding Kearnan College Board's 2019 AGM. This event will be held on Wednesday 27 November at 5.00 pm in the Library. It would be wonderful for the College community to be well represented at this event.

CANTEEN

Monday 11 November	Tracey Lynn
Tuesday 12 November	Alicia Waugh
Wednesday 13 November	Helper Needed
Thursday 14 November	Melissa Reidy
Friday 15 November	Jayne Muir
Monday 18 November	Katie Murphy
Tuesday 19 November	Bronwyn Murphy
Wednesday 20 November	Narelle Bosley
Thursday 21 November	Jess Durbin
Friday 22 November	Amanda Keough

PARISH NEWS

MASS TIMES – MANJIMUP & PEMBERTON

	St Joseph's Manjimup	Sacred Heart Pemberton
Sat 9 November	6.00 pm	
Sun 10 November	8.30 am	10.30 am
Sat 16 November	6.00 pm	
Sun 17 November	10.30 am	8.30 am

Please join us for morning tea after 8.30 am Mass at St Joseph's